

July

Millburn Classroom Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Turkey & Cheese Sandwich Vegetable of the Day Chilled Fruit Cup 1% or Skim Milk	
5	6	7	8	9
12	13	14	15	16
Yogurt Pack Strawberry Yogurt Cheese Stick Cinni Mini Vegetable of the Day Fresh Fruit 1% or Skim Milk	Sun Butter & Jelly Sandwich Vegetable of the Day Chilled Fruit Cup 1% or Skim Milk	Pretzel Goldfish Cheddar Cheese Sticks Vegetable of the Day Raisins/Cranberries 1% or Skim Milk	Turkey & Cheese Sandwich Vegetable of the Day Chilled Fruit Cup 1% or Skim Milk	
19	20	21	22	23
Cheddar Cheese Sticks Tortilla Chips Salsa Cup Vegetable of the Day Fresh Fruit 1% or Skim Milk	Turkey Ranch Roll Up Vegetable of the Day Chilled Fruit Cup 1% or Skim Milk	Pizza Munchable Vegetable of the Day Raisins/Cranberries 1% or Skim Milk	Soft Pretzel Cheese Curds Vegetable of the Day Chilled Fruit Cup 1% or Skim Milk	
26	27	28	29	30
Yogurt Pack Strawberry Yogurt Cheese Stick Cinni Mini Vegetable of the Day Fresh Fruit 1% or Skim Milk	Sun Butter & Jelly Sandwich Vegetable of the Day Chilled Fruit Cup 1% or Skim Milk	Pretzel Goldfish Cheddar Cheese Sticks Vegetable of the Day Raisins/Cranberries 1% or Skim Milk	Turkey & Cheese Sandwich Vegetable of the Day Chilled Fruit Cup 1% or Skim Milk	

FREE MEALS
To All Children
18 and Under

Included with Every Meal
Fruit and Vegetable
1% or Fat-Free Milk

Menu changes are occasionally necessary.
Notice will be given when possible. This institution is an equal opportunity employer.

Arbor A+ Nutrition Mission
To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

~Arbor Management~

Make Choices for a Healthy Lifestyle!



 For more information or to "Ask the Dietitian", check out our website!